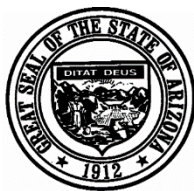


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## **Arizona Board of Nursing**

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**NOTE:** An advisory opinion adopted by AZBN is an interpretation of what the law requires. While an advisory opinion is not law, it is more than a recommendation. In other words, an advisory opinion is an official opinion of AZBN regarding the practice of nursing as it relates to the functions of nursing. Facility policies may restrict practice further in their setting and/or require additional expectations related to competency, validation, training, and supervision to assure the safety of their patient population and or decrease risk.

**OPINION: TRIGGER POINT INJECTION,  
INTRAARTICULAR JOINT INJECTION, AND  
FACET JOINT INJECTION**  
**APPROVED: DATE: 11/16**  
**REVISED DATE: 05/19**  
**ORIGINATING COMMITTEE: ADVANCED PRACTICE  
COMMITTEE**

### **Within the Scope of Practice of LPN RN APRN**

## **ADVISORY OPINION TRIGGER POINT INJECTION, INTRAARTICULAR JOINT INJECTION, FACET JOINT INJECTION, TRANSFORAMINAL EPIDURAL INJECTION, AND MEDIAL BRANCH BLOCKS**

### **I. STATEMENT OF SCOPE**

It is within the scope of practice for a Registered Nurse Practitioner (RNP) or Certified Registered Nurse Anesthetists (CRNA) with additional advanced training, to administer trigger point injections (with or without local anesthetic), intraarticular joint injections with or without ultrasound guidance, and facet joint injections, transforaminal epidural injections and medial branch blocks utilizing fluoroscopy, to patients consistent with the population focus of the RNP's or CRNA's certification, education, and training.

It is not in the scope of practice for an Advanced Practice Registered Nurse, Registered Nurse or Licensed Practical Nurse to administer ionized radiation.

It is not in the scope of practice for a registered nurse who is not advanced practice or a practical nurse to administer trigger point injections, intraarticular joint injections, facet joint injections transforaminal epidural injections or medial branch blocks.

### **II. SCOPE OF PRACTICE:**

In accordance with A.R.S. 32.1634.04, A.R.S. § 32-1601 (20) (a) (i-viii) and A.A.C. R4-19-501-514, a RNP and CRNAs may provide therapeutic procedures to patients within the RNP and CRNAs population foci consistent with their certification, education and training.

### **III. GENERAL REQUIREMENTS:**

To prepare for skill expansion, the RNP or CRNA will successfully complete continued education will include: Comprehensive didactic study including but not limited to proper patient selection within the population foci,

anatomy and physiology, diagnostic testing and image analysis, protocols based on national guidelines, supplies, pharmacology and procedure risks, injection technique, and adverse event management. Supervised hands-on skills lab via live volunteers or course provided skill models. Competency evaluation may be in the form of return demonstrations. RNP or CRNA will retain evidence of successful completion of advanced continued education course.

The continued education course will meet the requirements of Continued Education Accreditation as approved by the American Academy of Nurse Practitioners (AANP), American Nurses Credentialing Center (ANCC) American Association of Nurse Anesthetists, National Board of Certifying and Recertifying Nurse Anesthetists and other professional organizations.

#### **IV. REFERENCES:**

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