



## 2020 NA COMPETENCY EXAM CHANGES

(Meeting held on 9-10-19)

The annual review of the Nursing Assistant (NA) Manual Skills and Written Tests and testing procedures was conducted on September 10, 2019, at the meeting of the ad hoc Test Advisory Panel (TAP) at the Arizona Board of Nursing.

### **Background:**

The ad hoc Test Advisory Panel (TAP) is made up of volunteers who are directly involved with the education or supervision of NAs. Attendees at the NA Retreat are asked if they would like to serve on this panel and selection is made based upon past attendance, past or potential contributions to the process and representation of rural/urban areas and program types. Most volunteers are offered at least one opportunity to participate on a TAP.

### **Changes** ***Effective February 1, 2020***

#### **KNOWLEDGE TEST**

- **ACTIVE TEST BANK**
  - Current number of active test questions in the test bank is 1129.
  - 184 questions were reviewed by the panel.
- **CHANGE TO TEST PLAN**
  - Increasing the subject area RESIDENT RIGHTS from 5 to 6 questions.
  - Decreasing the subject area DATA COLLECTION from 7 to 6 questions.
- **PRACTICE TEST BANK**
  - Test bank update, 1008 questions were reviewed and update by the panel

Test Plan Total Questions	75
WRITTEN Test Plan	AZ
	Test Plan
Safety	7
Communication	7
Infection Control	8
Resident (Client) Rights	6
Data Collection	6
Basic Nursing Skills	9
Role / Responsibility	7
Disease Process	4

Mental Health	4
Personal Care	9
Care Impaired	4
Aging Process/Restorative Care	4
Grade Level Reading Range	5.31-5.46
Predicted Alpha Range for Test Set	.80-.82
Index Creation Range for Test Set	82.9-83.1
	AZ
Replic to version 41	9/29/15
P-value filter	9/11/19
Written Version	26
Written Cut Score	75
Subject Area	
Safety	91
Communication	58
Infection Control	68
Resident Rights	105
Data Collection	51
Basic Nursing Skills	257
Role / Responsibility	113
Disease Process	172
Mental Health	59
Personal Care	45
Care Impaired	60
Aging Process/Restorative Care/Growth & Devel	50
Total Active Questions	1129
Last update	9/11/19
Skill Task Cut Score	80
Skills Version	68
	AZ

### SKILLS TASK CHANGES

**AMBULATION WITH A GAIT BELT AND AMBULATION WITH A WALKER:**

Is being combined with Ambulation with a Walker and the stand alone task of Ambulation with a Gait Belt is being eliminated. New Ambulation with a Walker task will be called: **Ambulation with a Walker using a Gait Belt**

Step addition to the new task to be added following the step of assisting to put on non-skid slippers/shoes is:

*Ensures feet are flat on the floor.*

The step of: Safely ambulates resident at least 10 steps to the wheelchair. Will be changed to:  
*Ambulates resident at least 10 steps to the wheelchair.*

**ISOLATION GOWN AND GLOVES/EMPTY A URINARY DRAINAGE BAG WITH HAND WASHING:**

The “disposing of the gown and gloves in the biohazard bag” is being changed to disposing the gown and gloves in the regular trash. The biohazard “red” bag will no longer be used in testing.

Step of: Disposes of the gloves in the provided biohazard container (bag). Will change to:  
*Disposes of the gloves in the appropriate container (trash can or bag).*

Step of: Disposes of the gown in the provided biohazard container (bag). Will change to:  
*Disposes of the gown in the appropriate container (trash can or bag).*

**POSITIONING RESIDENT ON SIDE IN BED:**

Step of: Checks to be sure resident is not lying on his/her downside arm. Will change to:  
*Ensure that resident is not lying on his/her downside arm.*

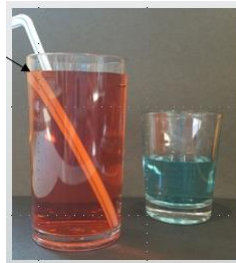
**FLUID INTAKE TASK:**

The fluid intake task is being removed from testing.

**FEEDING A DEPENDENT RESIDENT:**

With the fluid intake task being removed from testing, the feeding a dependent resident task is changing to include a second glass in the set-up that the actor will be offered drinks from and the sum total amount of fluid consumed from both glasses will be estimated and recorded on the recording form by the candidate. The food portion of the task will remain the same with a single serve food item that candidates are to record the solid food consumed as a percentage of the total food provided.

The glasses used in this task will be the same from the current fluid intake task – the 240ml and the 120ml glasses.



Candidates will be told in the scenario the following regarding the new fluid set up and what to record:

*Record the fluid as the sum total consumed from the glass that has 240ml of fluid and the 120ml glass that initially has 60mls (half full) of fluid.*

**New Recording Form Effective 2-1-2020**

The new recording form reflecting the removal of the fluid intake task and to include two glasses in the feeding task will be:

Candidate's Name: _____	
PLEASE PRINT	
TEMPERATURE: _____	PULSE: _____ RESPIRATIONS: _____
PULSE OX %: _____	BLOOD PRESSURE: _____ / _____
URINARY OUTPUT: _____ ml	
GLASS 1: _____	
GLASS 2: _____	
TOTAL FLUID INTAKE: _____ ml	FOOD INTAKE: _____ %
Candidate's Signature: _____	

11/15/19

*Quinn moved, Berrigan seconded, and it was unanimously carried, accept and approve the proposed changes to the CNA Testing with an effective date of February 1, 2020.*