
**ARIZONA STATE BOARD OF
NURSING**



LICENSED HEALTH AIDE SAMPLE CURRICULUM

December 2021

LICENSED HEALTH AIDE SAMPLE CURRICULUM

Introduction: Explain the role of the Licensed Health Aide in Arizona including the Nurse Practice Act, conditions, and restrictions and licensing.

Licensed Health Aide Nursing Process

Objective	Content	Learning Activity
A. Definition of Licensed Health Aide (LHA)	<ol style="list-style-type: none"> 1. Describe the term LHA 2. Describe the term “Family member” (Nurse Practice Act R4-19-901) 	
B. Describe Board of Nursing role in the regulation of Licensed Health Aides (LHA)	<ol style="list-style-type: none"> 1. Functions, roles, program oversight and standards 	
C. Describe program requirements	<ol style="list-style-type: none"> 1. Competency Exam 2. Train and evaluate LHA in writing and performance of LHA skills 3. Provide ongoing assessments as to the safety of LHA when performing LHA tasks 	
D. Explain state certifications and renewal requirements for LHA	<ol style="list-style-type: none"> 1. Program Certificate Requirements 2. Application requirements 3. Process for initial certification 4. Certification renewal requirement 	

Skills: Discuss competencies skills required for LHA
Note: LHA Educator will select and teach content specific to each client's needs

Objective	Content (If applicable in each section)	Learning Activity
A. Nursing Assistant Skills	<ol style="list-style-type: none"> 1. Transferring, positioning and ambulation 2. Feeding 3. Personal Care including <ol style="list-style-type: none"> a. Pericare b. Dressing c. Oral care d. Bathing e. Catheter care 4. Range of Motion 5. Vital Signs 6. Blood pressure 7. Documentation and reporting of abnormal vital signs or blood pressure 	
B. Medication Administration	<ol style="list-style-type: none"> 1. Medication Routes and administration <ol style="list-style-type: none"> a. Oral b. Sublingual c. Topical d. Respiratory e. Tube 2. Six rights of medication administration 3. Medication errors and reporting concerns to Home Health Nurse 4. Medication side effects 	

<p>C. Tracheostomy Care</p>	<ol style="list-style-type: none"> 1. Suctioning 2. Tracheostomy Care <ol style="list-style-type: none"> a. Regular cleaning or replacement of inner cannula b. Trach site care c. Dressing change d. Trach change 	
<p>D. Enteral Care and Therapy</p>	<ol style="list-style-type: none"> 1. Types of enteral feeding tubes <ol style="list-style-type: none"> a. NG tubes b. G Tubes c. PEG tubes d. Jejunostomy tubes 2. Insertion of tubes 3. Methods of Administering Enteral Feedings <ol style="list-style-type: none"> a. Syringe b. Feeding bag c. Feeding pump 4. Enteral Feeding Schedules <ol style="list-style-type: none"> a. Bolus intermittent feedings b. Intermittent feedings c. Continuous feeding d. Cyclic feedings 5. Formula types and preparation 6. Problems that may occur Enteral Care and Therapy 	