

**ARIZONA STATE BOARD OF NURSING
ALTERNATIVE TO DISCIPLINE PROGRAM
1740 WEST ADAMS STREET, SUITE 2000
PHOENIX, ARIZONA 85007-2607
EMAIL: ATD@AZBN.GOV**

LETTER TO THE REHABILITATION PROGRAM

The client who is submitting this letter is a nurse participating in the Arizona State Board of Nursing's Alternative to Discipline ("ATD") Program, a non-public monitoring program for nurses with substance use, mental health, or co-occurring disorders, or who may be at risk for these issues. The nurse has agreed in a Stipulated Agreement with the Board of Nursing to enter into and successfully complete a Board approved substance abuse treatment program that is at minimum an intensive outpatient program level of care. Your prompt attention to the documentation we need from you is appreciated. Please provide:

1. Upon entry into the treatment program, please send written documentation of your brief or general assessment, treatment goals, usual duration of program, any additional recommendations, and date of the client's entry. The nurse is required to provide the treatment program with a copy of their Stipulated Agreement. If you have immediate concerns, please contact ATD staff by phone.
2. Upon completion of the treatment program, please send written documentation of the date of completion, discharge plans, and aftercare follow-up. The ATD program requires six months of aftercare treatment for all participants.
3. If the client terminates from your program prior to completion of initial acute treatment or aftercare, please notify ATD staff immediately. In addition, if you have concerns regarding the client while attending your program, please call ATD staff immediately.
4. You may submit your reports on letterhead to the email address above or via the electronic form available on the Board's website (azbn.gov) under Discipline and Complaints > Alternative to Discipline > Online Submission Forms > Rehabilitation and Aftercare Form.

We appreciate your assistance in providing an integral part to this nurse's monitoring process. It is extremely important that treatment programs understand the professional impact of substance use disorder on patient safety and nursing licensure. If you have any questions about ATD, please call our office at (602) 771-7854 or (602) 771-7890.