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APPROVED DATE: 11/16
REVISED DATE: 5/19, 3/24
ORIGINATING COMMITTEE: ADVANCED PRACTICE COMMITTEE
REVISION COMMITTEE: SCOPE OF PRACTICE COMMITTEE

Within the Scope of Practice of ___ LPN ___ RN APRN

POSITION STATEMENT

TRIGGER POINT INJECTION, INTRAARTICULAR JOINT INJECTION, FACET JOINT INJECTION, TRANSFORAMINAL EPIDURAL INJECTION, AND MEDIAL BRANCH BLOCKS

I. STATEMENT OF SCOPE

It is within the scope of practice for a Registered Nurse Practitioner (RNP) or Certified Registered Nurse Anesthetists (CRNA) with additional advanced training, to administer trigger point injections (with or without local anesthetic), intraarticular joint injections with or without ultrasound guidance, and facet joint injections, transforaminal epidural injections and medial branch blocks utilizing fluoroscopy, to patients consistent with the population focus of the RNP's or CRNA's certification, education, and training.

It is **NOT** in the scope of practice for an Advanced Practice Registered Nurse, Registered Nurse or Licensed Practical Nurse to administer ionized radiation.

It is **NOT** in the scope of practice for a registered nurse or practical nurse, who is not advanced practice registered nurse to administer trigger point injections, intraarticular joint injections, facet joint injections transforaminal epidural injections or medial branch blocks.

II. SCOPE OF PRACTICE:

In accordance with A.R.S. 32.1634.04, A.R.S. § 32-1601 (20) (a) (i-viii) and A.A.C. R4-19-501-514, RNPs and CRNA's may provide therapeutic procedures to patients within the RNP and CRNAs population foci consistent with their certification, education, and training.

III. GENERAL REQUIREMENTS:

To prepare for skill expansion, the RNP or CRNA will successfully complete continued education, which will include: Comprehensive didactic study including but not limited to proper patient selection within the population foci, anatomy and physiology, diagnostic testing and image analysis, protocols based on national guidelines, supplies, pharmacology and procedure risks, injection technique, and adverse event management. Course should include supervised hands-on skills lab via live volunteers or course provided skill models. Competency evaluation may be in the form of return demonstrations. RNP or CRNA will retain evidence of

successful completion of advanced continuing education course.

The continuing education course will meet the requirements of accreditation as approved by the American Academy of Nurse Practitioners (AANP), American Nurses Credentialing Center (ANCC), American Association of Nurse Anesthetists, National Board of Certifying and Recertifying Nurse Anesthetists and other professional organizations.

IV. REFERENCES:

Arizona Revised Statute: Professions and Occupations, Title 32, Chapter 15. Article 1. A.R.S. §32-1601 (2019) https://www.azbn.gov/sites/default/files/2020-03/RULES.Effective.June3__2019.pdf

Arizona State Board of Nursing. (2020). Advisory opinion: Ionizing radiation for diagnostic use. Retrieved from:
<https://www.azbn.gov/sites/default/files/advisory-opinions/ao-ionizing-radiation-order-and-interpretation-rev112016.pdf>

Arizona State Board of Nursing. (2022). Rules of the state board of nursing. Retrieved from:
<https://www.azbn.gov/media/1426/rules.pdf#page=42>

Nevada Administrative Code: (2015). Chapter 632 - Nursing.
<https://www.leg.state.nv.us/nac/nac-632.html>

Oregon Secretary of State Archives Division. (2022, August). Oregon State Board of Nursing. Division 50. Nurse practitioners. <https://secure.sos.state.or.us/oard/viewSingleRule.action?ruleVrsnRsn=279161>

Qaseem, A., Wilt, T. J., McLean, R. M., Forcica, M. A., & Clinical Guidelines Committee of the American College of Physicians. (2017). Noninvasive treatments for acute, subacute, and chronic low back pain: a clinical practice guideline from the American College of Physicians. *Annals of Internal Medicine*, 166(7), 514-530.
<https://www.acpjournals.org/doi/10.7326/M16-2367>

Zuber, T. J. (2002). Knee joint aspiration and injection. *American Family Physician*, 66(8), 1497-1501. <https://www.aafp.org/pubs/afp/issues/2002/1015/p1497.html>